

## **Homoeopathy.**

Homoeopathy uses herbs and minerals to restore and maintain health in an effective and safe way.

Dis-ease is the body's way of trying to tell us that something is out of balance and that it is struggling to return itself to a state of ease.

Homoeopathy can treat many ailments from infancy to the elderly.

The use of a well picked homoeopathic remedy in the smallest amounts needed aids in stimulating the persons own immune system or life energies to return them to a state of ease.

### ***You can use homoeopathy as a tool for the relief of,***

- \* A assists the warding off of repetitions of acute and recurring earaches, tonsillitis, Chest infections and their relapses.
- \* Detoxification and organ support for the liver, kidneys, uterus and others.
- \* Aids in reducing the desire for drugs such as tobacco, alcohol and others.
- \* Learning difficulties such as lack of concentration and restlessness.
- \* Skin complaints, such as warts, excama and psoriasis.
- \* Sport and muscle complaints, speeding the recovery of ligament and tendon damage
- \* Supports people through times of grief and other life changing situations