

Cleaning with Essential Oils

Eucalyptus Essential Oil

Use in a vapouriser to repel or kill insects.

Blend with Lemon and Lavender Essential Oils to create an energising air freshener.

Use directly on stubborn stains such as sticky gum residue from price stickers etc.

Place a drop on your light bulb in the toilet. When the light is turned on it sends out a lovely odour.

Lavender Essential Oil

When vapourised, makes an effective insect repellent.

Wipe all internal cupboard surfaces with Lavender to deter moths and silverfish and act as a natural disinfectant.

Combine 1 tablespoon of Lavender Essential Oil with 1 litre of water in a spray bottle to mist over carpets to quickly dispatch fleas.

Wipe window frames and doorframes with Lavender to keep flies, moths and mosquitoes and ants away.

Add a few drops of lavender to your final rinse when washing clothes.

Lemon Essential Oil

Use in a vapouriser to remove strong cooking odours.

Mix Lemon together with vinegar and water to clean window and glass.

Add 1 drop of lemon to warm water when washing out the fridge, freezer or oven for a natural deodorizer.

Use 1 drop of Lemon directly on a cloth when wiping down work surfaces, cupboards, sinks and tiles.

Peppermint Essential Oil

Use a trail of Peppermint essential oil where ants appear, they detest the smell or if the surface is painted, put the oil on a cotton wool ball and place in an appropriate corner.

Use a few drops of peppermint essential oil in warm water to rinse out rubbish bins around the home, for a pleasant and anti bacterial aroma.

Kitchen Bench Cleaner

8 drops of Lavender Essential oil, 10 drops of Lemon Essential oil, 5 drops of Eucalyptus essential oil. Keep in a dark bottle, stored away from light and heat. Great disinfectant and anti-bacterial and leaves a beautiful aroma. Use diluted in water for all kitchen surfaces, including the floor, or just spray all around for a fresh clean kitchen

Window Cleaner

100ml colourless vinegar, 100 ml water and 5 drops of Lemon Essential Oil. Mix the water and vinegar in a mist bottle, add the Lemon oil. Spray the windows or glass with a fine mist then polish with a soft dry cloth.

Refreshing Vapouriser blend

To help you get through those house cleaning chores, vapourise the following blend in your oil vapouriser - 2 drop Eucalyptus Essential oil, 1 drop Peppermint Essential Oil, and 3 drops of Lemon Essential Oil.